

Advanced Pressure Point Fighting of

by George Dillman with Chris Thomas

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Advanced Pressure Points Fighting

George A. Dillman, Chris Thomas



Advanced Pressure Points Fighting:

Combat Pressure Points: A No Nonsense Guide To Pressure Point Fighting for Self-Defense Sammy Franco, 2022-11-21

Combat Pressure Points A No Nonsense Guide to Pressure Point Fighting for Self Defense is a one of a kind book designed to teach you hard hitting pressure point fighting techniques for real world self defense Pressure point fighting is a fighting skill that can be performed by just about anyone young and old regardless of size or strength or level of experience Best of all you don't need martial arts training to apply these simple fighting techniques Unlike other pressure point books Combat Pressure Points is devoid of impractical and gimmicky techniques that can get you injured or possibly killed when faced with a real world self defense crisis Instead this book arms you with the most efficient effective and practical pressure point strikes that work in the chaos of a real world survival situation In fact the self defense skills and techniques found within these pages are straightforward and easy to apply Combat Pressure Points is based on world renowned self defense expert Sammy Franco's 30 years of research training and teaching both martial arts and combat sciences He has taught these cutting edge pressure point fighting skills to thousands of his students and now he's put them down in this in depth book With over 150 detailed photographs and dozens of easy to follow instructions Combat Pressure Points has everything you need to master the devastating art of pressure point fighting

LEARN Impact Pressure Point Fighting Compression Pressure Points Knock Out Pressure Point Targeting Solo and partner Pressure Point Drills Pressure Point Conditioning Secondary Pressure Point Targets Advanced Pressure Point Fighting Hundreds of training tips And much much more Whether you are a beginner or advanced student or teacher Combat Pressure Points teaches you brutally effective skills battle tested techniques and proven strategies to get you home alive and in one piece

Advanced Pressure Point Fighting of Ryukyu Kempo George A. Dillman, Chris Thomas, 1994 Precise anatomical locations of pressure points coupled with diagrams and striking methods personal self defense Has been called a must read for every serious martial artist

Advanced Pressure Point Fighting of Ryukyu Kempo George A. Dillman, Chris Thomas, 1993-10-01

Black Belt, 1995-12 The oldest and most respected martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known martial arts figure in the world

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The book delves into Advanced Pressure Points Fighting. Advanced Pressure Points Fighting is an essential topic that must be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Advanced Pressure Points Fighting, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Advanced Pressure Points Fighting
 - Chapter 2: Essential Elements of Advanced Pressure Points Fighting
 - Chapter 3: Advanced Pressure Points Fighting in Everyday Life
 - Chapter 4: Advanced Pressure Points Fighting in Specific Contexts
 - Chapter 5: Conclusion
2. In chapter 1, this book will provide an overview of Advanced Pressure Points Fighting. This chapter will explore what Advanced Pressure Points Fighting is, why Advanced Pressure Points Fighting is vital, and how to effectively learn about Advanced Pressure Points Fighting.
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6. In chapter 5, this book will draw a conclusion about Advanced Pressure Points Fighting. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Advanced Pressure Points Fighting.

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