



# TU CAPACIDAD DE APRENDER ES TU PRINCIPAL ACTIVO

## — Y LA MEJOR FORMA DE APRENDER ES DE LOS MEJORES —

Tu desarrollo personal es tu destino: en quién te conviertes se acaba reflejando en lo que obtienes. Por eso, no hay mejor inversión que la que se hace en uno mismo. Y, ¿cuál es la mejor forma de hacerlo? Aprendiendo de los mejores, de aquellas personas que ya han llegado donde tú también quieres llegar.

En esta obra el lector encontrará más de quinientas reflexiones cuidadosamente seleccionadas de más de cincuenta personalidades reconocidas a nivel internacional, analizadas con profundidad y rigor por Francisco Alcalde para darles sentido y coherencia en torno a cinco ámbitos: desarrollo personal, emprendimiento, liderazgo, libertad financiera y espiritualidad.

Reflexiones de conferenciantes motivacionales de la talla de Anthony Robbins o Brian Tracy; empresarios mundialmente conocidos como Amancio Ortega o Richard Branson; pensadores del management como Michael Porter o Peter Drucker; prestigiosos inversores como Warren Buffett o Robert Kiyosaki; o maestros espirituales como Osho o el Dalái Lama Tenzin Gyatso tienen cabida aquí. Ahora sólo queda que apliques sus lecciones para tu propio beneficio.

«Cada frase y cada reflexión son una delicia, un soplo de aire fresco que inspira a seguir aprendiendo y mejorando. Gracias al excelente trabajo de Francisco Alcalde podemos disfrutar y aprender de "La esencia de los mejores".»

**Alejandro González Pozo**, director general del Hotel Hesperia Madrid

«Este libro es un buen concentrado de sabiduría del que extraer inspiración. Un libro de cabecera y de obligada lectura para cualquier directivo o empresario.»

**Alejandro Bataller**, vicepresidente SHA Wellness Clinic

«Francisco Alcalde es una mente brillante y uno de nuestros mejores referentes del mundo del management. En esta obra demuestra de nuevo su sensibilidad para captar lo que puede ser útil para el lector, presentándolo con profundidad, rigor y sencillez.»

**Fernando Rodríguez de Rivera**, director general de Bodegas Prado Rey

«La gran formación académica del autor, unida a su inquisitiva mente, hace que las reflexiones que nos aporta aquí combinen una exposición lucida junto a una adecuada selección de perfiles. Su libro observa, disecciona y transmite con una consistencia inusual e inspiradora.»

**Federico Fernández de Santos**, director general de Agencias de España y editor de *Executive Excellence*

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**Aldivan Teixeira Torres**



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