

## AFTERSHOCK

HELP, HOPE, and HEALING
IN THE WAKE OF SUICIDE

DAVID COX & CANDY ARRINGTON

# Aftershock Help Hope And Healing In The Wake Of Suicide

**Jack Canfield, Mark Victor Hansen** 

#### Aftershock Help Hope And Healing In The Wake Of Suicide:

Aftershock David W. Cox, Candy Arrington, 2003 A recovery book providing encouragement and support and leading to healing for those whose loved ones have committed suicide **Understanding Suicide** Connie Goldsmith, 2016-08-01 Suicide is among the top three causes of death for young people ages 15 to 24 In fact this global epidemic claims 41 000 lives per year in the United States alone Suicide touches people of all ages from those who consider and attempt suicide to those who lose a loved to suicide Yet silence often surrounds these deaths and makes suicide difficult to understand Looking beyond common myths and misconceptions author Connie Goldsmith examines common risk factors and covers warning signs ways to reach out to a suffering loved one and precautions that can save lives And survivors personal stories offer honest examinations of both grief and hope Dead Serious Jane Mersky Leder, 2018-01-23 My brother took his own life on his thirtieth birthday My life has never been the same Thirty plus years after publishing the first edition of Dead Serious this second completely revised and updated edition covers new ground bullying social media LGBTO teens suicide prevention programs and more Scores of teens share their stories that are often filled with hurt disappointment shame yet often hope Written for teens adults and educators Dead Serious Breaking the Cycle of Teen Suicide explores the current cultural and social landscape and how the pressure filled lives of teens today can lead to anxiety depression suicide Leder s own journey of discovery after her brother's suicide informs her goal of helping to prevent teen suicide by empowering teens who are suffering and teens who can serve as peer leaders and connectors to trusted adults The skyrocketing number of teens who take their own lives makes Dead Serious Breaking the Cycle of Teen Suicide more relevant and important than ever Talking about suicide does not make matters worse What makes matters worse is not talking The Church Leader's Handbook William Cutrer, A well rounded and practical approach to the issues and crisis faced by pastors everyday Quick-Reference Guide to Biblical Counseling Dr. Tim Clinton, Dr. Ron Hawkins, 2009-09 This A Z guide assists people helpers pastors professional counselors youth workers and everyday believers to easily access a full array of information to aid them in formal and informal counseling situations Navigating Grief Kirk H. Neely, 2021-11-16 Sooner or later each of us journeys through the valley of the shadow of death Full of compassion and wisdom Navigating Grief helps readers understand how to come to terms with death whether expected or sudden It also walks readers through the process of grieving as we experience life as a series of attachments and separations Through this journey of grief readers will learn that God gives gifts of grace and symbols of hope to bring strength for today and bright hope for tomorrow Divorce and the **Special Needs Child** Margaret Pegi Price, 2011-01-15 This book takes a comprehensive look at every aspect of the legal divorce process and addresses the legal issues that divorcing parents of children with special needs face It guides parents through the initial hurdles of choosing the right lawyer for their case and explains exactly how to work with them to achieve the best possible outcome When Grief Comes Kirk Neely, 2007-07-01 Sooner or later each of us journeys through the

valley of the shadow of death Kirk H Neely has been through that valley including the unexpected death of his twenty seven year old son He has also been a pastor and counselor for forty years helping others journey through their own experiences of grief Full of compassion and wisdom When Grief Comes helps readers understand how to come to terms with death whether expected or sudden It also walks readers through the process of grieving as we experience life as a series of attachments and separations Through this journey of grief readers will learn that God gives gifts of grace and symbols of hope to bring strength for today and bright hope for tomorrow The Quick-Reference Guide to Counseling Women Dr. Tim Clinton, Dr. Diane Langberg, 2011-09-01 The newest addition to the popular Quick Reference Guide collection The Quick Reference Guide to Counseling Women focuses on the special needs of women in counseling situations It is an A Z guide for assisting people helpers pastors professional counselors youth workers and everyday believers to easily access a full array of information to aid them in formal and informal counseling situations Each of the 40 topics covered follows a helpful eight part outline and identifies 1 typical symptoms and patterns 2 definitions and key thoughts 3 questions to ask 4 directions for the conversation 5 action steps 6 biblical insights 7 prayer starters and 8 recommended resources Parent To Child-The Guide Natalie D'Annibale Bandlow, 2006-02 This guide provides parens with an opportunity to chronicle their own personal history and past experiences as well as the history and experiences of their child's life in a direct loving and supportive way Don't wait let Parent To Child The Guide assist you in writing the legacy you want and need to leave for your children just in case

Psychiatric Nursing Mary Ann Boyd,2008 The AJN Book of the Year award winning textbook Psychiatric Nursing Contemporary Practice is now in its thoroughly revised updated Fourth Edition Based on the biopsychosocial model of psychiatric nursing this text provides thorough coverage of mental health promotion assessment and interventions in adults families children adolescents and older adults Features include psychoeducation checklists therapeutic dialogues NCLEX notes vignettes of famous people with mental disorders and illustrations showing the interrelationship of the biologic psychologic and social domains of mental health and illness This edition reintroduces the important chapter on sleep disorders and includes a new chapter on forensic psychiatry A bound in CD ROM and companion Website offer numerous student and instructor resources including Clinical Simulations and questions about movies involving mental disorders

When God Steps in Bonnie Bruno,2007 Borrowed from the pages of real lives these 50 true stories with original photography will encourage you to recognize sacred interruptions and to grow not in spite of but because of them Faith Reads David Rainey,2008-07-30 At last a resource for librarians who wish to build or develop their nonfiction collection and use it to better serve the needs of adult Christian readers Covering the three major branches of Christianity Roman Catholic Protestant and Orthodox the author organizes more than 600 titles into subject categories ranging from biography the arts and education to theology devotion and spiritual warfare Award winning classics are noted Introductory narrative frames the literature and helps librarians better understand Christian literature and learn how to establish selection criteria for building

a Christian nonfiction collection Finding Your Way after the Suicide of Someone You Love David B. Biebel, Suzanne L. Foster, 2009-08-30 Help and Hope for an Unexpected Journey Do real Christians commit suicide Yes they do And for those left behind the journey following such a tragedy is unbearably painful Finding Your Way after the Suicide of Someone You Love is a compassionate and practical guide that addresses the intensely personal issues of survivors of suicide SOS This gentle and faith affirming resource helps survivors know what to expect especially during the first year following a suicide It includes personal stories of survivors and suggestions on how to move beyond survival to live life again Designed for use by individuals couples and SOS groups this book offers help for parents siblings friends and extended families as well as practical guidelines for pastors Christian counselors and other church leaders Topics include What to do in the immediate aftermath of a suicide Handling guilt and understanding the role of depression in suicides Dealing with guestions of faith and meaning Creating a support system Choosing a Christian therapist Trusted resources and websites Zachary's Choice Suzy LaBonte, 2014-10-15 A Christian homeschooling mom of a large family Suzy LaBonte never imagined one of her children might die by suicide She received an agonizing blow the day her sixteen year old son Zachary without threat or forewarning chose to end his own life The following months were bleak and sorrowful as Suzy struggled down a confusing path of shock anger guilt and depression Slowly putting one foot in front of the other Suzy focused on the unfailing character of God her husband's faithful partnership and the hopeful faces of the children before her Plodding and stumbling toward understanding and healing Suzy found that God's faithful companionship and the promises of His Word lightened the darkest hours and sustained her life Healing came slowly and with it transforming lessons of pain and courage With a passion to reach out to encourage other suicide survivors Suzy shares the healing that is found in Christ Jesus Includes a Survival Guide for those impacted by suicide and suggested resources for further support The Godly Business Woman Magazine Guide to Cooking and Entertainment Kathleen Jackson, Tracey Davison, 2004 The Godly Business Woman Cooking and Entertainment Guide furnishes comprehensible information for the workingwoman including the basics of entertaining etiquette and nutrition as well as how to prepare for holidays festivals and other special occasions **His Forever** James Stuart Bell, Jeanette Gardner Littleton, 2006-10-01 For evangelical Christians the experiences that bring them to accept Jesus as their personal Savior are amongst the most significant of their spiritual lives In sharing these stories with one another they have become the touchstone of the Christian social experience Here ordinary men and women describe their coming to Christ Chicken Soup for the Soul Healthy Living Series: Diabetes Jack Canfield, Mark Victor Hansen, 2012-10-16 This new book in the successful Healthy Living formula inspirational stories followed by positive practical medical advice for caregivers and patients addresses one of America's most frustrating and dangerous recurring conditions Diabetes isn't just an illness anymore it is an epidemic in American society that has increasingly been explained as an outgrowth of our lifestyle choices This book explains what causes diabetes how to prevent it especially how to prevent it in loved ones like husbands and

children and most importantly how to live well once you ve developed the condition Most of us know what we should do this book gives you the inspiration you need to actually follow through In the Healthy Living series Chicken Soup for the Soul partners with the nation s top medical experts and organizations to give emotional support and important information to people with specific medical needs The books feature approximately twelve positive heartwarming stories from real people followed by relevant expert medical advice that will positively impact the reader's life Subjects such as diet psychological issues family relations and alternative therapies exist side by side with traditional subjects such as understanding common medical terms the effects of treatment options and the doctor patient relationship Each book contains source notes and a resources section for more information and support God's Way for Women ,2003 This collection of real life stories for women includes compelling testimonies short stories and spiritual insights from Christian people across the nation who have dared to live their lives God s way Guía para aconsejar a familias y personas en crisis William Cutrer, 2015-04-10 En este manual de ayuda William Cutrer qu a a pastores l deres y laicos para ministrar a personas que atraviesan momentos de crisis A partir de su experiencia personal y profesional como m dico y profesor del seminario Cutrer abarca una amplia variedad de temas desde las crisis espec ficas tales como el suicidio a cuestiones m s generales de la familia como el embarazo en adolescentes Cutrer escribe Es mi oraci n que este manual que incluye un ap ndice de casos pr cticos sea una referencia til y pr ctica In this helpful handbook William Cutrer guides pastors other ministry leaders and laypeople through crisis care and ministry Drawing from his personal and professional experience as a physician and seminary professor Cutrer covers a wide variety of topics from specific crises such as suicide to more general family issues such as teen pregnancy It is my prayer Cutrer writes that this manual and workbook will be a helpful practical reference

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