

Behavioral Medicine
Approaches to
Cardiovascular
Disease Prevention

edited by

Kristina Orth-Gomer
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Behavioral Medicine Approaches To Cardiovascular Disease Prevention

**Jerry M. Suls, Karina W.
Davidson, Robert M. Kaplan**



Behavioral Medicine Approaches To Cardiovascular Disease Prevention:

Behavioral Medicine Approaches to Cardiovascular Disease Prevention Kristina Orth-Gom,r,Neil

Schneiderman,Kristina Orth-Gomer,2013-05-13 Cardiovascular disease CVD is the number one killer of men and women in industrialized countries In older age groups CVD is also the most important cause for hospitalization and in many countries it is the basis of early retirement from work Thus CVD is associated with enormous costs for care and loss of productivity as well as for disabilities pensions etc All this has motivated clinicians and scientists to develop and implement new methodologies and technologies to better care for patients who are hospitalized for heart disease Efforts to improve care in the acute phases of coronary heart disease CHD have been successful During the last decade the immediate mortality risk of a patient admitted to coronary care for a suspected myocardial infarction or other acute coronary syndrome has decreased to less than 10% Despite these achievements CVD continues to represent a major threat to the health of middle aged and elderly men and women This volume addresses myriad aspects of CHD prevention including biobehavioral and psychosocial factors behavioral epidemiology behavioral intervention models and policy The first section of the text provides an introduction to CVD prevention and behavioral medicine The second section introduces two theoretically different approaches to preventive action high risk and population based strategies The third section describes and discusses the important questions of how behavioral sciences can be conceptually integrated into traditional medically based preventive efforts The fourth section presents both population and high risk behavioral intervention approaches In summary this volume examines the social environment and its potentials for preventive actions reviews the psychosocial and biobehavioral mechanisms involved in these effects and describes concrete and practical implementations of behavioral medicine knowledge as they have been applied to CHD prevention Global Psychosomatic Medicine and Consultation-Liaison

Psychiatry Hoyle Leigh,2019-07-26 This authoritative reference surveys mind body healing concepts and psychosomatic medicine in diverse countries and regions of the world It provides practical insights on the Western division between medical and mental healing and useful information concerning recent efforts to bridge that enduring divide particularly in the use of ancient and indigenous healing knowledge in psychosomatic practice Coverage compares and contrasts current applications of psychosomatic medicine and or consultation liaison psychiatry as conducted in such representative countries as France Britain China India Argentina Canada and the United States And the book predicts how this synthesis of traditions and advances will progress as it Traces the history and development of psychosomatic medicine Reviews contributions of traditional healing methods to psychosomatic medicine Analyzes national styles of psychosomatic medicine as practiced in specific countries Compares the status of psychosomatic medicine consultation liaison psychiatry in various countries Considers the future of psychosomatic medicine as the field and the world evolves Global Psychosomatic Medicine and Consultation Liaison Psychiatry expands the knowledge base for psychiatrists primary care physicians psychiatric and

primary care residents medical students behavioral medicine specialists and others who are interested global and regional perspective on providing biopsychosocial care It is also relevant for advanced students in health psychology and behavioral medicine and for professionals in related health fields *Thriving With Heart Disease* Wayne Sotile,2010-05-11 Not only can you survive with heart disease you can actually thrive with it for many many years If you cope well and follow the advice I give you in this book you can live as long as you would if you didn t have the illness from Chapter One Begin the Journey In this landmark volume Wayne M Sotile Ph D breaks the story that every heart patient needs to know In many cases it s how you deal with the illness and not the condition of your heart that will determine how completely you recover or if you recover at all If you re one of the 61 million Americans diagnosed with heart illness whether you ve had a heart attack high blood pressure angina or surgery the program in this book can extend your life and might even save it Many books have dealt with the physical aspects of cardiovascular illness but *Thriving with Heart Disease* is the first to offer patients and their loved ones a program for coping with the emotional and psychological side effects that can ravage relationships and throw families into disarray Dr Sotile s extraordinary success with cardiac patients attests to his belief that living with heart disease is not a temporary adjustment but a journey you take one moment at a time toward the healthy life you were meant to live surrounded by the people you love Based on the experiences of thousands of patients at Wake Forest University s Cardiac Rehabilitation Program the nation s first mind body center for living well with heart illness Dr Sotile s program provides step by step instructions on how to establish a robust new normal life for you and the people you care about whether you re a parent with young children a mature adult with grandchildren or a single man or woman whose family is a devoted network of friends Written with warmth and humor and filled with news of the latest research into the links between heart and brain body and soul *Thriving with Heart Disease* is the book that every heart patient needs to read It s not a diet book an exercise book or a cookbook It is the first self help manual to guide heart patients and their loved ones through the psychological side effects they re likely to experience and onto the path to vibrant new normal lives *Women and Heart Disease* Desmond Julian,Nanette Wenger,2005-11-10 Despite being one of the world s biggest killers of women heart disease is under diagnosed under treated and under managed Why What is going wrong Important and ground breaking *Women and Heart Disease* brings our attention to the inadequacies in both the diagnosis and treatment of heart disease in women Key features written by Nanette Wenger and Peter Collins two of the worlds leading cardiologists contributions from leaders in women s cardiac health covers all aspects of cardiovascular disease not just coronary artery disease fully updated Building on the success of the best selling first edition this is essential reading for all physicians with a particular interest in women and heart disease *Stress, Coping and Depression* Sheri L. Johnson,Adele M. Hayes,Tiffany M. Field,Neil Schneiderman,Philip McCabe,1999-12 Providing stimulating models of etiology treatment in depression this new edited volume offers a rich understanding of environmental intrapsychic risk factors that contribute to the onset maintenance of depression are

important in its treatment *Handbook of Health Psychology and Aging* Carolyn M. Aldwin, Crystal L. Park, Avron Spiro, 2007-01-26 Offering a fresh authoritative take on a topic of increasing relevance this book is comprehensive in scope yet concise and accessible Key contributors from health psychology gerontology and related fields pool their knowledge

Control of Human Behavior, Mental Processes, and Consciousness Walter J. Perrig, Alexander Grob, 2013-05-13 In this book an international group of leading scientists present perspectives on the control of human behavior awareness consciousness and the meaning and function of perceived control or self efficacy in people's lives The book breaks down the barriers between subdisciplines and thus constitutes an occasion to reflect on various facets of control in human life Each expert reviews his or her field through the lens of perceived control and shows how these insights can be applied in practice

Stress, Coping, and Cardiovascular Disease Philip McCabe, Neil Schneiderman, Tiffany M. Field, A. Rodney Wellens, 2000-03 Focuses on the latest research on the relationship between bio behavioral and social factors and heart disease Examines ethnic differences psychosocial influences and proposed behavioral interventions Appeals to psychologists physicians nurses et

Behavioral Medicine and Integrated Care Melanie P. Duckworth, William T. O'Donohue, 2018-10-12 This evidence to practice volume deftly analyzes the processes and skills of integrating mental healthcare with primary care using multiple perspectives to address challenges that often derail these joint efforts Experts across integrative medicine offer accessible blueprints for smoothly implementing data based behavioral interventions from disease management strategies to treatment of psychological problems into patient centered cost effective integrated care Coverage highlights training and technology issues key healthcare constructs that often get lost in translation and other knowledge necessary to create systems that are rooted in and contribute to a robust evidence base Contributors also provide step by step guidelines for integrating behavioral health care delivery in treating cancer dementia and chronic pain Among the topics covered The epidemiology of medical diseases and associated behavioral risk factors Provider training recognizing the relevance of behavioral medicine and the importance of behavioral health consultations and referrals Screening for behavioral health problems in adult primary care Health care transformation the electronic health record Meeting the care needs of patients with multiple medical conditions Smoking cessation in the context of integrated care This depth of clinical guidance makes Behavioral Medicine and Integrated Care an essential reference for practitioners on all sides of the equation including health psychologists and other professionals in health promotion disease prevention psychotherapy and counseling and primary care medicine **Women, Stress, and Heart Disease** Kristina Orth-Gomer, Margaret A. Chesney, Nanette K.

Wenger, 1998-03 This volume explores women's risk factors for cardiovascular disease as well as how social and physical strains contribute to the risk For health professionals behavioral scientists and social psychologists alike **Perspectives of Knowledge Management in Urban Health** Michael Christopher Gibbons, Rajeev Bali, Nilmini Wickramasinghe, 2010-08-19 It is a tragic paradox of American health care a system renowned for world class doctors the latest medical technologies and

miraculous treatments has shocking inadequacies when it comes to the health of the urban poor Urban Health Knowledge Management outlines bold workable strategies for addressing this disparity and eliminating the knowledge islands that so often disrupt effective service delivery The book offers a wide reaching global framework for organizational competence leading to improved care quality and outcomes for traditionally underserved clients in diverse challenging settings Its contributors understand the issues fluently imparting both macro and micro concepts of KM with clear rationales and real world examples as they Analyze key aspects of KM and explains their applicability to urban health Introduce the KM tools and technologies most relevant to health care delivery Offer evidence of the role of KM in improving clinical efficacy and executive decision making Provide extended case examples of KM based programs used in Washington D C child health South Africa HIV AIDS and Australia health inequities Apply KM principles to urban health needs in developing countries Discuss new approaches to managing evaluating and improving delivery systems in the book s Measures and Metrics section Urban health professionals as well as health care executives and administrators will find Urban Health Knowledge Management a significant resource for bringing service delivery up to speed at a time of great advancement and change

Handbook of Research Methods in Cardiovascular Behavioral Medicine Neil Schneiderman, Stephen M. Weiss, Peter G. Kaufmann, 2013-11-21 Cardiovascular disease continues to be the number one source of morbidity and mortality in our country. Behavioral medicine was developed and shaped into the one source of morbidity and mortality in our country following the definition of behavioral medicine by Deshpande. Despite a 35% reduction in mortality since 1964, these diseases, particularly coronary heart disease, remain a leading cause of death. Behavioral medicine is the interdisciplinary field concerned with the development and integration of behavioral and biomedical science knowledge and techniques relevant to the understanding of health and illness and the application of this knowledge and these techniques to prevention, diagnosis, treatment, and rehabilitation. The United States Heart Disease and Stroke Statistics Report 1999 estimated that nearly 1,000,000 lives are lost each year in the United States due to heart disease and stroke. The Framingham study among others has identified the application of this knowledge and these techniques to prevention, diagnosis, treatment, and rehabilitation. The three major risk factors implicated in the development of CHD are smoking, elevated serum cholesterol, and high blood pressure. Schwartz and Weiss (1978) developed the concept of biobehavioral collaboration. At this time, less than 50% of the variance associated with CHD can be explained by these three risk factors. It is important to consider how they might more effectively be used to develop diagnostic, treatment, and prevention strategies. Jenkins (1976) it has become obvious that additional risk factors must be identified if further progress is to be made in disease prevention and simultaneously among others behavioral psychology control.

Review and Evaluation of Smoking Cessation Methods Jerome L. Schwartz,1987 **Public Health Approach to Cardiovascular Disease Prevention & Management** Dorairaj Prabhakaran, Shuchi Anand, K Srinath Reddy, 2022-12-29

Cardiovascular Diseases CVDs are the number one cause of death and disability globally being the most important public health problem that needs to be tackled as more people die annually from CVDs than from any other cause Over three quarters of CVD deaths take place in low and middle income countries This book on cardiovascular diseases provides an

overview of the global and regional challenges associated with CVDs Coupled with case studies and theoretical concepts it helps the reader to contextualize CVDs in the broader public health system and the administrative aspects of practicing CVD control approaches for improved population health in their local setting Key Features 1 Covers existing and emerging issues in cardiovascular disease epidemiology and prevention 2 Has a multidisciplinary approach in content and audience 3 Connects with health systems and relevant sustainable development goals 4 Provides case studies for enabling readers to understand and apply evidence based solutions to key public health issues 5 Has inputs from globally renowned public health experts

Principles and Concepts of Behavioral Medicine Edwin B. Fisher,Linda D. Cameron,Alan J.

Christensen,Ulrike Ehlert,Yan Guo,Brian Oldenburg,Frank J. Snoek,2018-10-08 Principles and Concepts of Behavioral Medicine A Global Handbook Edwin B Fisher Linda D Cameron Alan J Christensen Ulrike Ehlert Brian Oldenburg Frank J Snoek and Yan Guo This definitive handbook brings together an international array of experts to present the broad cells to society perspectives of behavioral medicine that complement conventional models of health health care and prevention In addition to applications to assessment diagnosis intervention and management contributors offer innovative prevention and health promotion strategies informed by current knowledge of the mechanisms and pathways of behavior change Its range of conceptual and practical topics illustrates the central role of behavior in health at the individual family community and population levels and its increasing importance to person centered care The broad perspectives on risk e g stress lifestyle management issues e g adherence social support and overarching concerns e g inequities health policy makes this reference uniquely global as it addresses the following core areas The range of relationships and pathways between behavior and health Knowing in behavioral medicine epistemic foundations Key influences on behavior and the relationships among behavior health and illness Approaches to changing behavior related to health Key areas of application in prevention and disease management Interventions to improve quality of life The contexts of behavioral medicine science and practice Principles and Concepts of Behavioral Medicine opens out the contemporary world of behavior and health to enhance the work of behavioral medicine specialists health psychologists public health professionals and policymakers as well as physicians nurses social workers and those in many other fields of health practice around the world

Research Awards Index ,1983

Handbook of Health Psychology and Behavioral Medicine Jerry M. Suls,Karina W. Davidson,Robert M. Kaplan,2011-07-06 What psychological and environmental forces have an impact on health How does behavior contribute to wellness or illness This comprehensive volume answers these questions and others with a state of the art overview of theory research and practice at the interface of psychology and health Leading experts from multiple disciplines explore how health and health behaviors are shaped by a wide range of psychological processes and social environmental factors The book describes exemplary applications in the prevention and clinical management of today s most pressing health risks and diseases including coronary heart disease depression diabetes cancer chronic pain obesity sleep disturbances and smoking

Featuring succinct accessible chapters on critical concepts and contemporary issues the Handbook integrates psychological perspectives with cutting edge work in preventive medicine epidemiology public health genetics nursing and the social sciences Applied Population Health Approaches for Asian American Communities Simona C. Kwon,Chau Trinh-Shevrin,Nadia S. Islam,Stella S. Yi,2022-12-08 An insightful text exploring health disparities in Asian American populations In the newly revised Second Edition of Applied Population Health Approaches for Asian American Communities a team of distinguished public health experts delivers a groundbreaking resource providing an in depth examination of the social political economic and cultural forces shaping Asian American health today Integrating up to date applied public health research for assessing health interventions and programs relevant to Asian American communities and other groups that have been historically marginalized this book highlights the different frameworks research designs and other methodological considerations for reaching Asian American and other ethnic communities In the latest edition of the book readers will find contextual explorations of the Asian American population in the United States as well as discussions of the measurement of health and risk across the lifespan in Asian American groups It also includes New and updated case studies showcasing the application of different frameworks and research designs Methodological considerations for reaching Asian American and other vulnerable and underserved communities Examples of successful implementations of community engagement and community based participatory research A valuable resource for all levels of health professionals practitioners and community advocates Applied Population Health Approaches for Asian American Communities remains the leading reference for anyone conducting or studying health disparities in Asian American communities or other groups that have been marginalized **Pediatric Hypertension** Ronald J. Portman,Jonathan M. Sorof,Julie R. Ingelfinger,2004-06-12 The importance of hypertension in children and adolescents is becoming increasingly recognized by physicians and scientists in the 21st century However in contrast to the attention that hypertension has received in the adult population for the past three decades since the first Joint National Committee JNC report research and clinical knowledge that involves hypertension in children is still very much in its own childhood Pediatric Hypertension edited by Drs Portman Sorof and Ingelfinger is undoubtedly the most up to date and clinically relevant contribution to the field of hypertension in children available because it brings together the numerous pathophysiologic diagnostic and therapeutic advances in the evaluation of high blood pressure in infants children and adolescents The editors have carefully organized their volume into sections that cover blood pressure regulation in infants and children blood pressure measurement issues path physiology and clinical assessment for essential and secondary forms of hypertension during childhood and nonpharmacologic and pharmacologic approaches to the treatment of hypertension in children *Encyclopedia of Primary Prevention and Health Promotion* Thomas P. Gullotta,Martin Bloom,2003-01-31 Foundational topics such as history ethics and principles of primary prevention as well as specific issues such as consultation political issues and financing The second section addresses such topics as abuse

depression eating disorders HIV AIDS injuries and religion and spirituality often dividing such topics into separate entries addressing childhood adolescence and adulthood

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