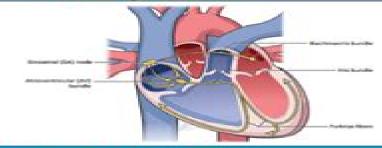


# ACLS Cheat Sheet

## **Electrical Conduction Through the Heart**

### **Pathway Steps**

- 1) SA (sinoatrial) Node
- 2) AV (atrioventricular) Node
- 3) The Bundle of His
- 4) The Left and Right Bundle Branches
- The Purkinie Fibers.



# **Blood Flow Through the Heart**

# Steps

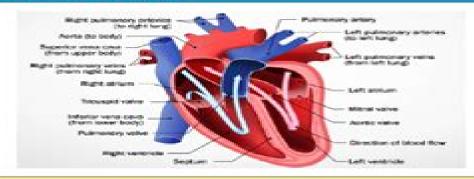
- 1) Inferior and Superior Vena Cava (decorponated)
- 2) Right Abrium (decaygenated)
- Right Ventricle (deoxygenated)
- 4) Pulmonary Artery (decorporated)
- Pulmonary Vein (oxygenated).
- 6) Left Atrium (overgenated):
- Left Ventricle (axygenated)

Analyze Intervals

Analyze P Wave

Analyze QRS Complex

8) Aorta (oxygenated)



# Seven Steps to Interpret an EKG

- Normal Adult Heart Rate: 60-100 beats/minute Analyze Rate Tachycardia: > 100 beats/minute
  - Bradycardia: < 60 beats/minute</li>
- Regular Rhythm: distance from R-R or P-P intervals is the same
- Analyze Rhythm Irregular Rhythm: distance from R-R or P-P intervals differs.

  - Amalyze Axis Look at lead I and aVf and determine which direction the waves deflect (up or down)
  - P-R Interval
    - Prolonged P-R interval > 0.2 seconds
    - Prolonged P-R interval suggests the presence of AV block
    - Shortened P-R interval may suggest ventricular preexcitation, a junctional rhythm, or enhanced AV nodal conduction
- Are P waves present?
  - Flat line/no P waves → no atrial activity. Hidden/partially hidden P waves --- indiscernible atrial activity and/or reentrant tachycardia
  - Do the P waves look normal?
  - Sawtooth baseline flutter waves
  - Chaotic baseline → fibrillation waves

- Narrow (< 0.12 seconds): typically suggestive of supraventricular arrhythmia.</li>
- Wide (> 0.12 seconds): typically suggestive of ventricular amhythmia

- Small complexes
- Tall complexes
- Morphology
- Monomorphic
- Polymorphic

### ST-Elevation: suggestive of myocardial infarction. ST-Depression: suggestive of myocardial ischemia

- Tall/peaked T waves: suggestive of hyperkalernia or hyperacute STEMI
- Inverted T waves: generally non-specific Biphasic T waves: suggestive of ischemia and hypokalemia
- Flattened T waves: generally non-specific; may represent ischemia or electrolyte imbalances

# Analyze ST Segment - T wave

# **Acls Cheat Sheet Guide**

**Guillaume Favre** 



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