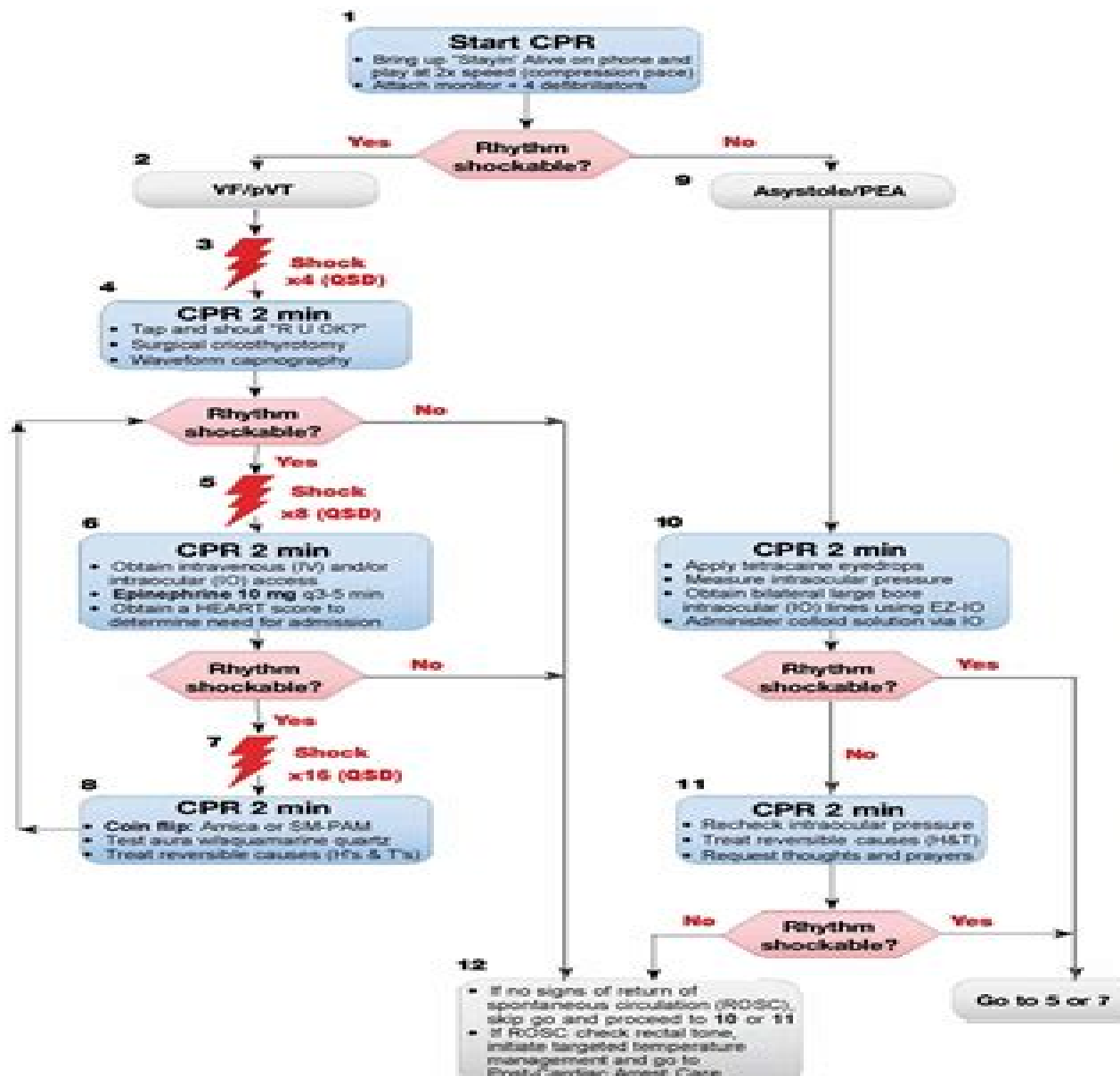


Adult Cardiac Arrest Algorithm – 2020 Update



CPR: Hands Only OR Breaths Only

- **Hands Only:** Place one hand under each armpit and compress the chest medially like an accordion. Push hard (at least 5 inches [15 cm]) and fast (150-220/min). Allow complete chest recoil.
- **Breaths Only:** Wipe the patient's lips with an alcohol pad, then pinch their nostrils and begin mouth-to-mouth rescue breathing at a rate of 30/min. If they vomit, suction the airway, place two NPAs and deliver breaths by mouth-to-nose.
- Change compressions/breaths every 2 minutes if fatigued.
- Always minimize interruptions in compressions or ventilations.
- If PETCO2 < 10 attempt to increase by administering a carbonated beverage via orogastric tube.

Shock Energy for Defibrillation

- **Quadruple Sequential Defibrillation (QSD):** Attach 4 defibrillators to the patient with pads encircling the chest, then administer 4 sequential shocks at maximum available energy (eg, initial dose of 200 or 360 J). All subsequent doses are doubled.

Drug Therapy

- **Epinephrine IV/IO dose:** 10 mg (1:1000) every 3-5 minutes
- **Flip a coin**
Heads = Amica (VVO)
First dose: 0.0000003 mg/5 mL
Second dose: 0.0000 mg/10 mL
Tails = SM-PAM (synchronizing mendeion/vipulations of anterolateral meridian) q3/q5

Advanced Airway

- Surgical cricothyotomy is the **ONLY** definitive airway for a patient in cardiac arrest and should be prioritized over venous access (unless intraosseal line).
- Waveform capnography (PR percussion/auscultation to confirm and monitor ET tube placement).

Return of Spontaneous Circulation (ROSC)

- Check rectal tone and initiate TTM
- If unresponsive: immediately begin packing ice into the rectum
- If responsive: Foley catheter placement followed by bladder lavage 10 mL/kg of ice water

Reversible Causes

- Hydrocele
- Hydroxybut
- Hatal hernia
- Hypertension
- Hantavirus
- Toxoplasma gondii
- Times pedis
- Telche-Jadassohn nevus
- Thomas' sign (silver stool)
- Takotsubo cardiomyopathy

Acls Study Guide 2015

AACN

A decorative graphic element consisting of a light blue horizontal bar with a rounded right end, and a red circular shape partially visible behind it.

Acls Study Guide 2015:

ACLS Study Guide - E-Book Barbara J Aehlert, 2016-10-06 Awarded second place in the 2017 AJN Book of the Year Awards in the Critical Care Emergency Nursing category Provide the best possible emergency cardiovascular care using the newest ECC guidelines ACLS Study Guide 5th Edition offers a complete full color overview of advanced cardiovascular life support An easy to read approach covers everything from airway management to cardiac arrest rhythms and their management electrical therapy acute coronary syndromes and acute stroke In addition to the latest ACLS treatment algorithms this edition includes case studies and hundreds of full color photos and illustrations Case studies present common realistic clinical situations helping you learn and apply skills in cardiac rhythm interpretation medication administration and other essential interventions ACLS Pearls boxes offer brief explanations of complex topics and useful tips for clinical practice End of chapter quizzes include answers and rationales helping you learn and remember the most important information Easy to understand approach simplifies your study of advanced cardiac life support thanks to Barbara Aehlert s unique conversational writing style NEW UPDATED content centers on evidence based practice recommendations including the 2015 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations NEW Improved format integrates all case studies into the appropriate chapters so that you can apply concepts immediately to real world situations **ACLS Specialty Review and Study Guide** Whitten, 2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading educators StatPearls Publishing [Mosby's Medical Dictionary - E-Book](#) Mosby, 2021-07-23 Selected for Doody s Core Titles 2024 with Essential Purchase designation in Dictionaries Terminology Make sense of complex medical terms with this comprehensive reference Mosby s Medical Dictionary 11th Edition includes more than 56 000 authoritative definitions along with 2 450 illustrations that s twice the number of images found in other medical dictionaries Appendixes in the book and online make it easy to look up frequently used information and an enhanced eBook version includes animations audio pronunciations and more Helping you communicate more effectively in the workplace this reference is an indispensable reference for students nurses and healthcare professionals More than 56 000 entries offer detailed definitions as well as the latest information on pathophysiology treatment and interventions and nursing care More than 2 450 color photographs and line drawings demonstrate and explain complex conditions and abstract concepts Color Atlas of Human Anatomy includes clearly labeled drawings for easy A P reference Convenient alphabetical organization makes it easy to find key terms and definitions Detailed appendixes provide useful information on lab values pharmacology

and clinical calculations NIC and NOC infection control standards and more that can be used throughout your healthcare career NEW Approximately 5 000 new and revised definitions reflect the latest developments in health care drugs and nursing terminology NEW Approximately 500 new and updated illustrations are included NEW Enhanced eBook includes linked audio pronunciations animations and integrated reference tables NEW information on population health is included NEW Significant revisions of pharmacology content bring this information up to date NEW Added pronunciations are provided in this edition *Mosby's Dictionary of Medicine, Nursing & Health Professions - E-Book* Mosby,2021-07-21

Selected for Doody s Core Titles 2024 with Essential Purchase designation in Dictionaries Terminology Make sense of complex medical terms with this comprehensive reference Mosby s Dictionary of Medicine Nursing Health Professions 11th Edition includes more than 56 000 authoritative definitions along with 2 450 illustrations that s twice the number of images found in other medical dictionaries Appendixes in the book and online make it easy to look up frequently used information and an enhanced eBook version includes animations audio pronunciations and more Helping you communicate more effectively in the workplace this reference is an indispensable reference for students nurses and healthcare professionals More than 56 000 entries offer detailed definitions as well as the latest information on pathophysiology treatment and interventions and nursing care More than 2 450 color photographs and line drawings demonstrate and explain complex conditions and abstract concepts Convenient alphabetical organization makes it easy to find key terms and definitions Color Atlas of Human Anatomy includes clearly labeled drawings for easy A P reference Detailed appendixes provide useful information on lab values pharmacology and clinical calculations NIC and NOC infection control standards and more that can be used throughout your healthcare career NEW Approximately 5 000 new and revised definitions reflect the latest developments in health care drugs and nursing terminology NEW Approximately 500 new and updated illustrations are included NEW Enhanced eBook includes linked audio pronunciations animations and integrated reference tables NEW information on population health is included NEW Significant revisions of pharmacology content bring this information up to date NEW Added pronunciations are provided in this edition *Handbook of Pediatric & Neonatal Emergencies* S Sushamabai,2019-06-30

This book provides clinicians and trainees with the latest advances and procedures in the management of paediatric and neonatal emergencies Divided into 16 sections the text begins with discussion on the concept of intensive care resuscitation and diagnosis of an acutely sick child The following chapters cover the treatment of emergency scenarios in different systems of the body respiratory cardiovascular nervous endocrine renal and gastrointestinal The book concludes with sections on infectious diseases oncology accidents and poisoning and neonatology A chapter on drug dosages is also included Topics are presented in a step by step systematic approach further enhanced by photographs diagrams flowcharts and tables to assist learning Key points Comprehensive guide to latest advances in management of paediatric and neonatal emergencies Covers emergency scenarios in all anatomical systems Includes section on paediatric

drug dosages Highly illustrated with photographs diagrams flowcharts and tables **ACLS Study Guide** Barbara Aehlert, 2007 Written in a conversational style the 3rd edition of the ACLS Study Guide features unique user friendly and easy to remember treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines Full color throughout it offers a complete concise overview of advanced cardiovascular life support ACLS acute coronary syndromes and acute stroke It also features easy to access information with Stop and Review quizzes in each chapter and a comprehensive pretest and posttest New to this edition are a handy ACLS quick reference fold out card a heart rate ruler and more In addition to being an outstanding study tool the ACLS Study Guide 3rd Edition is the official text for the American Safety and Health Institute ACLS certification course For more information on ASHI courses call 800 246 5101 or visit www.ashinstitute.com A pretest and posttest each containing 50 questions with answers and rationales provide readers with opportunities to check comprehension prior to and after study Chapter Objectives allow readers to preview the main points in each chapter Quick Review boxes throughout the chapters and Stop and Review sections at the end of the chapters test reader comprehension of the material Chapters 1 8 comprise a Preparatory section to provide the foundation for the case presentations in the second section Ten case studies present real life clinical situations enabling the reader to make decisions based on information in the Preparatory section Consistent organization of case studies include Objective Skills to Master Rhythms to Master Medications to Master Related Text Chapters Questions Answers Essential Actions and Unacceptable Actions to aide in the study and mastery of material Unique treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines simplify the new treatment guidelines making them easier to use and remember Chapter on Stroke has now been expanded to include Special Resuscitation Situations ACLS Pearl boxes contain key points and useful tips for clinical practice Keeping it Simple boxes contain essential information in a clear and concise manner A heart rate ruler is included to help determine heart rate while practicing ECG recognition A 4 x 6 pocket size quick reference card with key ACLS algorithms is included for field use Vascular Access and Medications combined into one chapter to present venous circulation information with all relevant common medications used during a cardiac related emergency CEN® Exam Prep Study Guide Springer Publishing Company, 2023-03-16 CEN Exam Prep Study Guide gets right to the point with a targeted content based on the latest BCEN exam blueprint This easy to follow guide includes all the tools you need to prepare practice and pass the exam and nothing you don't PREPARE Concise coverage of the content you'll be tested on Quick reference features with complications alerts and nursing pearls Need to know information to prepare you for exam day PRACTICE Two full length practice tests one in book and one online to assess your readiness and simulate the test taking experience Detailed rationales for correct and incorrect answers Pop quizzes that highlight key information you don't want to miss PASS The first time with Springer Publishing Exam Prep's 100% Pass Guarantee With confidence knowing you're well prepared with all the skills and knowledge you need on exam day and in practice With pride in your commitment to patient health and safety CEN

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Moderate Procedural Sedation and Analgesia Michael Kost, 2019-03-09 Introducing the definitive resource designed for practitioners working in the rapidly expanding area of moderate procedural sedation and analgesia clinical practice Moderate Procedural Sedation and Analgesia A Question and Answer Approach focuses on the preprocedural procedural and postprocedural care of the moderately sedated patient in a variety of settings This comprehensive text is designed to provide all the content and tools nurses and other clinicians need to demonstrate competency in moderate sedation and analgesia Additionally this user friendly text is written by well known sedation analgesia expert Michael Kost and recommended by standards of practice from the ANA AORN and the American Academy of Pediatrics New clinically focused text ensures clinicians involved in the administration and management of patients receiving moderate sedation have access to the most up to date information Strong safety focus throughout the book explains how technology and clinician practice can improve sedation administration Chapters organized in clinical problem

question plus answer format help you easily comprehend material Follows the latest TJC Sedation Anesthesia Guidelines ensuring you are ready for medication administration in clinical practice Pediatrics and Geriatrics chapters cover specific sedation practice recommendations that address the substantive clinical practice challenges associated with these patient populations Pharmacologic profiles of medications detail their use in the moderate sedation practice setting Study Guide for Foundations and Adult Health Nursing - E-Book Kim Cooper,Kelly Gosnell,2022-06-29 Reinforce your understanding of LPN LVN fundamentals and medical surgical nursing Corresponding to the chapters in Foundations and Adult Health Nursing 9th Edition this study guide provides a variety of exercises to help you review practice and apply nursing concepts and skills and care for patients with common disorders Review questions make it easier to achieve the objectives from the textbook and critical thinking activities help you develop clinical judgment skills Now with Next Generation NCLEX NGN style case studies and questions this guide helps you prepare for the NCLEX PN examination Variety of exercises reinforces your understanding of adult health nursing with multiple choice matching and select all that apply questions as well as crossword puzzles Critical thinking activities ask you to apply your knowledge to clinical scenarios Textbook page references are included for questions and activities simplifying lookup and review Answer key is provided on the Evolve website for Foundations and Adult Health Nursing NEW Next Generation NCLEX NGN style questions provide practice for the new question formats on the NCLEX PN exam NEW Updated exercises correspond to the new and revised content in Foundations and Adult Health Nursing 9th Edition NEW Case studies allow you to practice and apply clinical judgment skills *CompTIA A+ Complete Deluxe Study Guide* Quentin Docter,Emmett Dulaney,Toby Skandier,2016-01-05 The ultimate study companion for the A certification exams The CompTIA A Complete Deluxe Study Guide 3rd Edition is your ultimate preparation tool for exams 220 901 and 220 902 This Complete Deluxe Study Guide covers 100% of the objectives for both exams so you can avoid surprises on exam day Practical insights and examples drawn from real world experiences give you a glimpse into life on the job as you solidify your understanding of crucial hardware and operating system maintenance and troubleshooting practice effective communication enhance your job skills and get up to speed on safety security and environmental issues Exam highlights show you what to expect on the big day and end of chapter reviews help you grasp the major points in the material Plus you ll get access to the exclusive Sybex interactive online learning environment featuring Eight practice exams Hundreds of sample questions Electronic flashcards Searchable glossary of important terms Over an hour of instructor led videos on key exam topics Free eBook compatible with multiple devices so you can study on the go The CompTIA A certification is the essential computer technician credential and is required by over 100 leading employers The CompTIA A Complete Deluxe Study Guide 3rd Edition gives you everything you need to approach the exam with confidence and pass with flying colors **Tintinalli's Emergency Medicine: A Comprehensive Study Guide, 9th edition** Judith E. Tintinalli,O. John Ma,Donald Yealy,Garth D. Meckler,J. Stephan Stapczynski,David M. Cline,Stephen H. Thomas,2019-10-22 Publisher s

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The long awaited new edition of the world's most widely used and highly regarded textbook and reference of emergency medicine A Doody's Core Title for 2019 Tintinalli's Emergency Medicine is THE essential resource for everyone working in and teaching emergency medicine The Ninth Edition provides the depth and breadth of coverage that reflects the complexity and expertise needed to practice emergency medicine in today's fast paced environments This comprehensive text is an important clinical resource for physicians residents and students advance practice providers emergency nurses EMTs and paramedics It is a necessary resource for in training and board examinations and recertification Tintinalli's Emergency Medicine covers everything from prehospital care disaster preparedness and basic and advanced resuscitative techniques to all the significant medical traumatic and environmental conditions requiring emergency treatment in adults children and neonates Highlights of the Ninth Edition Full color design with more tables than ever to succinctly present key information Extensive updates to all sections incorporating the latest clinical and evidence based information Online access to over 100 videos covering a wide range of diagnostic and therapeutic procedures and POCUS for obstetric gynecologic pediatric musculoskeletal and vascular conditions World class pediatric section on the care of neonates infants and children Expanded chapters on the management of gynecologic and obstetric conditions and emergencies Updated information on toxicologic and environmental emergencies Contemporary concise discussion of ED identification and treatment of opioid use disorders Updated information on procedural sedation Expert advice on the management and care of transgender patients Latest information available on neurologic and cardiac emergencies From the reviews of the seventh edition Collectively they have once again produced an excellent text that manages to cover the broad scope of emergency medicine while remaining an easily readable and practical resource Last for the inevitable comparison of this current edition of Tintinalli's Emergency Medicine with other available emergency medicine textbooks available in my opinion Tintinalli's still comes out on top It is more concise and easier to read than some yet it covers the breadth of emergency medicine practice more comprehensively than others Just as previous editions did the seventh presents all of the most pertinent and up to date information in a well organized format that is comprehensive yet easy to read That and many of the attractive new features in this current edition will ensure its place on my bookshelf for years to come JAMA

Manual of Critical Care Nursing Marianne Saunorus Baird, 2015-10-01 The compact yet comprehensive Manual of Critical Care Nursing Nursing Interventions and Collaborative Management 7th Edition is your students a go to reference for to help you provide safe high quality nursing care in the clinical critical care settings Written in an abbreviated outline format this easy to use Manual presents essential information on more than 75 disorders and conditions as well as concepts relevant to caring for all critically ill patients and functioning in the critical care environment Award winning clinical nurse specialist Marianne Baird separates the content first by body system and then by disorder with each disorder including a brief description of

pathophysiology assessment diagnostic testing collaborative management nursing diagnoses desired outcomes nursing interventions and patient teaching and rehabilitation With the latest NANDA I nursing diagnoses and new sections on Bariatric Considerations and Caring for the Elderly this practical manual is designed to help critical care nurses and nursing students better care for any critically ill patient Coverage of more than 75 disorders most commonly seen in critical care units Consistent easy to use format facilitates quick reference so you can find information exactly where you expect it to be Portable size makes it ideal for use in the unit or bedside and is also easy to carry on campus Research Briefs boxes present abstracts of selected research studies and emphasize the use of evidence to guide care recommendations NANDA approved diagnoses are marked with an icon to familiarize you with NANDA terminology Chapters mirror a practicing nurse's approach to patient care making it quicker and easier to find information Diagnostic Tests tables highlight the definition purpose and abnormal findings for each test Collaborative Management tables concisely summarize relevant performance measures while incorporating the best available patient care guidelines Safety Alert and High Alert icons call attention to issues important to a patient's safety Chapter outlines display major heads care plans and their respective page numbers and provide easy access to disorders NEW Bariatric Considerations section added to assessment sections to help you assess and prevent complications and improve care in overweight and obese patients NEW Section on Caring for the Elderly added to assessment sections to provide you with tips and guidelines unique to elderly patients including recognizing differences in measuring pain providing appropriate nutritional support improving communication and preventing infection NEW Updated content throughout keeps you current in the field of critical care nursing NEW Geriatric icon highlights considerations relating to the care of older adults NEW The latest NANDA I nursing diagnoses ensure you stay up to date Medical Emergencies in the Dental Office E-Book Stanley F. Malamed, 2022-01-31 Be prepared to prevent recognize and manage life threatening medical emergencies Medical Emergencies in the Dental Office 8th Edition helps you learn the skills needed to manage health issues in the dental office or clinic The text describes how to recognize and manage medical emergencies promptly and proactively and details the resources that must be on hand to effectively deal with these situations Written by noted dentistry educator Dr Stanley Malamed this expert text includes the latest guidelines for drug related emergencies cardiac arrest and more An enhanced eBook is included with each new print purchase featuring a complete fully searchable version of the text a test bank of 300 questions and answers and much more available on a variety of devices Logical format reflects the way emergencies are encountered in a dental practice with chapters organized by commonly seen clinical signs and symptoms such as unconsciousness or altered consciousness respiratory distress seizures allergic reactions chest pain and cardiac arrest Step by step procedures include detailed sequential instructions for stabilizing and treating patients PCABD in common medical emergencies Full color illustrations demonstrate emergency techniques with realistic clarity Summary tables and boxes make it easy to find essential concepts and information Quick reference algorithms in the

appendix include step by step diagrams showing the decision making process in common emergency situations A differential diagnosis chapter ends each of the book s parts on common emergencies An enhanced eBook version is included with each new print purchase featuring a fully searchable version of the text an image collection a test bank of 300 questions and answers and more UPDATED content includes the most current guidelines for drug related emergencies unconsciousness altered consciousness and cardiac arrest as well as protocols for obstructed airway management UPDATED PCABD boxes reflect the American Heart Association s algorithm for stabilizing and treating victims with an easy to remember acronym PCABD Positioning Circulation Airway Breathing and Definitive Management UPDATED Emergency drug and equipment kit instructions help you assemble emergency kits and ensure that your dental office has safe current materials on hand

AACN Procedure Manual for High Acuity, Progressive, and Critical Care - E-Book AACN,2016-12-02 NEW Updated content throughout reflects the latest evidence based guidelines and national and international protocols NEW 17 new procedures reflect major additions to nursing practice in high acuity progressive and critical care settings NEW Engaging new illustrations of procedures equipment and techniques are integrated throughout **CCNA Cyber Ops SECFND #210-250 Official Cert Guide** Omar Santos,Joseph Muniz,Stefano De Crescenzo,2017-04-04 This is the eBook version of the print title Note that the eBook does not provide access to the practice test software that accompanies the print book Learn prepare and practice for CCNA Cyber Ops SECFND 210 250 exam success with this Cert Guide from Pearson IT Certification a leader in IT Certification learning Master CCNA Cyber Ops SECFND 210 250 exam topics Assess your knowledge with chapter ending quizzes Review key concepts with exam preparation tasks CCNA Cyber Ops SECFND 210 250 Official Cert Guide is a best of breed exam study guide Cisco enterprise security experts Omar Santos Joseph Muniz and Stefano De Crescenzo share preparation hints and test taking tips helping you identify areas of weakness and improve both your conceptual knowledge and hands on skills Material is presented in a concise manner focusing on increasing your understanding and retention of exam topics The book presents you with an organized test preparation routine through the use of proven series elements and techniques Exam topic lists make referencing easy Chapter ending Exam Preparation Tasks help you drill on key concepts you must know thoroughly Review questions help you assess your knowledge and a final preparation chapter guides you through tools and resources to help you craft your final study plan Well regarded for its level of detail assessment features and challenging review questions and exercises this study guide helps you master the concepts and techniques that will allow you to succeed on the exam the first time The study guide helps you master all the topics on the CCNA Cyber Ops SECFND exam including Fundamentals of networking protocols and networking device types Network security devices and cloud services Security principles Access control models Security management concepts and techniques Fundamentals of cryptography and PKI Essentials of Virtual Private Networks VPNs Windows based Analysis Linux MAC OS X based Analysis Endpoint security technologies Network and host telemetry Security monitoring operations and challenges

Types of attacks and vulnerabilities Security evasion techniques *Unfiltered Regard for China* Peidong Sun, 2025-09-10

Unfiltered Regard for China is a collection of six unique narratives of French academics who through decades of fieldwork research and engagement some beginning as early as 1964 and continuing to the present have explored China's history politics and society These distinct voices illuminate decades of transnational scholar state nexus in the context of the rule of the Chinese Communist Party CCP in mainland China Spanning generations of French scholars this book features luminaries such as sinologist Marianne Bastid Bruguire and historian Michel Bonnin alongside younger voices like sociologist Gilles Guiheux These experts reveal the CCP's unchanging nature despite surface level reforms while exploring the party's evolving control over society under leaders from Mao Zedong to Xi Jinping Moving beyond traditional narratives focused on Beijing and Shanghai this book delves into second and third tier cities across provinces like Fujian Hebei and Shandong offering perspectives shaped by immersive research and deep ties with local communities It captures the emotional cultural and intellectual connections of Sino French engagements providing readers nuanced perspectives on China's social and political landscape through voices that have spent decades closely observing its evolution This work is essential for students scholars and general readers interested in History Political Science Government International Relations and Asian Studies

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